

# Onychomycosis Collection

## Nail Sample

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**\*A blunt scalpel and scissors suitable for clipping nails are recommend for collection, which should be sterilized before and after use.**

### **Avoid getting any lidocaine gel on the swab.**

1. Clean the surface of the nail with 70% alcohol.
2. Place a keratin transport bag under the intended collection site to catch debris.
3. Cut away and collect the nail using nail clippers. Next, using a curette or blunt scalpel, scrape the cutaneous debris from the nail plate, nail bed and subungual regions of the nail.
4. Close and seal the collection bag.
5. The collected sample can be stored at room temperature or refrigerated until shipped to the lab.
6. Complete the provided requisition form with patient name, date of birth, collection date, and site description.
7. Put collection bag and requisition form in biohazard bag.
8. Prior to courier pick-up, place all collected samples in the provided shipping box.
9. Place the box into the provided courier lab pak, seal the pak and affix a label to the outside.

# Specimen Packaging & Shipping Instructions

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### Specimen Shipping Supplies:

Dermapak Envelope  
Tube Label  
Requisition Form  
Biohazard Bag

### Specimen Collection Supplies:

Transport Box with adhesive closure  
UPS Laboratory Pak  
Shipping Label  
Saturday Delivery Label

### Packaging and Shipping Instructions:

1. Complete requisition form and place in outside pocket of biohazard bag
2. Perform collection of nail clippings and keratin debris
3. Write patient name, DOB, and collection site on the label.
4. Place label on the Dermapak envelope.
5. Put specimen in biohazard bag.
6. Place biohazard bags containing samples in the provided transport box
7. Seal the transport box
8. Place the sealed box into the provided UPS Laboratory Pak, and place the shipping label on the Lab Pak. If sample will be delivered on a Saturday, affix the Saturday
9. Delivery sticker to the Lab Pak as well.

Please schedule a UPS pickup by calling **Ipsum Diagnostics at 678-915-2299**.

A pickup may be pre scheduled before the date of specimen collection or as early as possible on the date of collection.

Friday shipments must be arranged directly with Ipsum Diagnostics as these require a special "Saturday Delivery" label.